

B.K.S.IYENGAR YOGA INSTITUTE OF SOUTHERN AFRICA
PROCEDURE FOR ATTENDING GENERAL CLASSES AT R.I.M.Y.I IN PUNE

- 1) Read the requirements of attendance which are attached to the application sheet.
- 2) If candidate fulfils the attendance requirements fill in the form and make two copies one to be forwarded to the Chairperson of your region and one to the Central Committee Chairperson.
- 3) All applications MUST be registered with the Central Committee of the BKS Iyengar Yoga Institute of Southern Africa as requested by R.I.M.Y.I.
- 4) All deposits and payments are the responsibility of the applicant.
- 5) A deposit of US\$150.00 should accompany your application. This amount forms part of your course fee and is for one month's teachings.

January 2014.

Registration Form for Foreign Students

Request for Enrolment in GENERAL CLASSES at the RAMAMANI IYENGAR MEMORIAL YOGA INSTITUTE (RIMYI)

This section to be filled in by the applicant.

Personal Information:

Last Name..... First Name.....

Middle/Other Name..... Age..... Sex (M/F).....

Address:

Street..... City.....

State/Province/Prefecture..... Country.....

Zip/Postcode.....

Contact Nos:

Country Code..... Area Code..... Number.....

Fax..... Email.....

Other Details:

- No of years practising Iyengar Yoga
- Main Teacher(s)
- What frequency of study with them (daily, weekly, workshops).....
- Date of last class taken with the teacher..... /...../.....
- Can you speak English?.....Yes/No
- Any previous classes or intensives at the RIMYI?.....Yes/No
- If applicable the most recent date of attendance.
From (month/year)..... / to /

- Applying for admission for: (Number as for your preference)
- June / July (put year)
- Aug / Sept
- Oct / Nov
- Dec/Jan

The Following is to be filled in by the referring certificated teacher

Dear Mr Pandurang Rao,

I, herewith recommend
 who has studied yoga with me for years.
 She/he has also attended..... courses with senior teachers.

As per my knowledge, she/he is a genuine yoga pupil / teacher who follows the Iyengar method.

Yours sincerely,

.....

Date/ /

Please contact your respective Iyengar Yoga Association regarding fee structure.

Information for the Student.

For admission the institute requests that the students practice of 8 years reflect an understanding of the foundation of Iyengar Yoga. This would include the regular practise of inverted poses (8 — 10 mins in the inverted postures). The women should know what is to be practised during menstruation. All students should have read, at the minimum, the introductory chapter to *Light on Yoga* and be familiar with the terms and principles covered in that chapter.

The following should be noted.

1. RIMYI offers one or two months admission. The above deposit is for one month.
2. Admission is strictly for the dates given.
3. Advance is part of the fees and hence not transferable to any other person or course, it is non-refundable.
4. 6 classes are given per week, each for 2hrs duration, a schedule will be given on arrival,
5. The last week of each month will be pranayama classes.
6. No extensions will be given beyond two months under any ground.
7. Admissions will have to be confirmed two months in advance.
8. Confirmation letter will be given from us, (do not regard this as confirmation of admission) and should be presented on arrival.
9. The classes will be conducted by Guruji Iyengar or his daughter or Son or by staff members.
10. Please make your own arrangements of boarding / lodging.
11. Certificates will not be issued at the end of the session.
12. When applying please include relevant bio-data with any health conditions.