

APPENDIX A:

THE AIMS AND OBJECTIVES OF THE RAMAMAN1 IYENGAR MEMORIAL YOGA INSTITUTE (RIMYI) OF PUNE, INDIA.

1. To promote yogic education and impart yogic instruction for the development of and integration of human personality in all its aspects, physical, mental and spiritual, in accordance with the techniques evolved and developed by the Director, Yogacharya B. K. S. Iyengar, and as followed by Associate Directors Dr Geeta S Iyengar and Sri Prashant Iyengar.
2. To make proper arrangements for the teaching of Yoga and Yoga science.
3. To initiate aspiring individuals in Yoga irrespective of caste, colour, sex, religion and nationality.
4. To propagate the value of the yogic order of living to the intelligentsia and the masses in all forms of media without detracting from the dignity and value of the subject.
5. To initiate, encourage and guide in the works of methodology and techniques.
6. To print and aid in the writing of publications, books, articles, magazines and journals connected with the subject of Yoga.
7. To do all acts and things necessary to achieve the objects mentioned above either alone or in conjunction with any other person or institution.
8. To establish a library of Yogic literature.
9. To render Yogic advice and organise Yoga clinics where physical, nervous, and psychic disorders and diseases can be treated according to Yogic methods.
10. To arrange cultural and social programmes and/or Yoga performances on behalf of the Institute.
11. To make films either in black & white/or colour on Yoga Asanas, Pranayama and Meditation, with or without sound, and distribute the same for exhibition in schools and colleges, educational institutions and elsewhere and/or making television films for the education and propagation of Yoga.
12. To train teachers and instructors in the science and art of Yoga, conduct tests, and award Certificates of merit to successful candidates.
13. To revive interest in the teachings of the ethical and spiritual philosophy of India.
14. To invite scholars, philosophers and others to give talks on Yoga.
15. To grant scholarships, or give monetary and/or other assistance, feeships, to students studying Yoga.
16. To give donations or contribute to any other public charitable institution.
17. To foster and develop correct meditative practice, and to make comparative studies in the meditative practices of East and West. In this way the Institute will contribute positively to the dialogue between different schools of philosophy.
18. To enter into agreements with other public charitable institutions or Trusts for running and conducting Yoga classes in conjunction with others and for the spread and propagation of the aims and objects of the Institute.